



e-News May 2024

NABP Mental Health Resources

According to data from the [Well-being Index for Pharmacy Personnel](#) (WBI), 31% of pharmacists and pharmacy technicians who used this self-assessment tool are at risk of experiencing high distress. Those who risk experiencing high distress also have double the risk of making a medication error, making mental health, well-being, and burnout problematic for pharmacist personnel and the public health.

NABP has developed a Mental Health and Well-Being Resources webpage, which is available on the NABP website at [Pharmacy Staff | Mental Health Resources | Rising Stress Levels \(nabp.pharmacy\)](#).

This webpage includes mental health self-evaluation tools like the WBI, courses to identify mental health crises, resources to find mental health support, and information to better understand burnout and mental health concerns. NABP will continue to update the webpage with the latest information, resources, and recommendations as they become available.

Working together, NABP and the boards can support the mental health and well-being of pharmacy personnel and, in turn, help to protect public health.

How Pharmacies Can Prep Now for DSCSA Requirements

When Congress enacted the [Drug Supply Chain Security Act](#) (DSCSA) in 2013, it set a 10-year timeline for full implementation. To assist pharmacies in preparing for these new requirements, NABP developed the following resource page:

<https://nabp.pharmacy/news/blog/how-pharmacies-can-prep-now-for-the-2023-dscsa-requirements/>

Pharmacists: Utilize DSCSA Requirements to Protect Your Patients

Pharmacists, or "dispensers" under the Drug Supply Chain Security Act, need to know their responsibilities under the DSCSA to protect patients from receiving harmful drug products. The FDA released the following article discussing what pharmacists can do to further secure our nation's drug supply: <https://www.fda.gov/drugs/drug-supply-chain-security-act-dscsa/pharmacists-utilize-dscsa-requirements-protect-your-patients>

There is also a resource page to house educational information that dispensers may find useful to assist in implementation of the DSCSA: <https://dscsa.pharmacy/resources/>

FDA's Prescribe with Confidence Campaign

FDA is launching a new campaign that aims to help primary care providers recognize and treat opioid use disorder (OUD).

Prescribe with Confidence: Patients with Opioid Use Disorder Need You

An estimated 6 million people aged 12 or older have OUD. Many of those people need or want treatment but have not yet received any. Research shows that treatment of OUD is most effective when medications are used.

Primary care providers treating other chronic health conditions are in a key position to also prescribe medications for OUD. A DATA waiver (X-waiver), long considered a barrier preventing health care providers from prescribing buprenorphine, is no longer required.

Many primary care providers find that prescribing medications to treat OUD is easier than they thought it would be. Hear firsthand testimonials, find free training and other resources to help providers get started by visiting the campaign's webpage:

www.fda.gov/prescribewithconfidence.

Help spread the word, especially with health care providers and the organizations that support them. Medications for opioid use disorder save lives.

2024 Law and Responsible Person Review Virtual Presentations

Join the Ohio Board of Pharmacy for presentations throughout 2024 to learn about the latest developments in pharmacy laws and rules.

2024 Law Review topics will include:

- Minimum standard rules for an outpatient pharmacy
- Updates to state and federal laws and rules
- Scams and drug diversion trends

Responsible Person Roundtable topics will include:

- Minimum standard rules and TDDD responsibility
- Drug diversion trends and safeguard practices
- Updates to state and federal laws and rules - what RPs need to do

Responsible Person 101 topics will include:

- Duties and responsibilities of a responsible person
- General requirements of a terminal distributor of dangerous drugs
- An overview of resources available for a responsible person

For presentation dates and times and a link to sign up,

visit: <https://www.pharmacy.ohio.gov/documents/licensing/ce/rplaw/2024%20law%20review%20communication.pdf>

Electronic Registered Mail Reminder

As licensees become more vigilant about looking out for scams, the Board would like to remind all licensees that official electronic registered mail from the Board of Pharmacy will sometimes have a **Registered Mail | Certified Delivery** banner across the top, like in the below image. Emails with this banner are official correspondence from the Ohio Board of Pharmacy.

Good Afternoon,

The State of Ohio Board of Pharmacy (Board) is contacting you regarding your scheduled June 3, 2024, probation appearance. The June Board Meeting will be held at the offices of the **State Board of Pharmacy, 77 South High Street, Columbus, Ohio 43215-6126**; however, you will have the option of participating in your Probation Appearance in-person or remotely.

Licensee Scam Warning

The State of Ohio Board of Pharmacy continues to learn that licensees are being targeted by scammers who claim to work for various governmental agencies (Board of Pharmacy, DEA, FBI, Department of Justice, etc.) to obtain money from the target. The Board strongly encourages licensees to be alert to avoid scammers.

Scammers may try to initiate contact via phone calls, emails, faxes, and letters purporting to originate from various state and federal agencies that include allegations of drug trafficking and threats of suspension against the target's license.

Board of Pharmacy investigators will not ask for fine payment or personal/sensitive information over the phone and will never contact licensees via fax. As a reminder, administrative fines issued by the Board are not paid via gift cards or cryptocurrency. If the Board of Pharmacy is conducting an investigation and that individual faces action against their license, they will receive an official notice of opportunity for a hearing either via certified mail, personal service, or electronic registered mail.

If you are contacted by a scammer, please report this information using the Board's online complaint form: www.pharmacy.ohio.gov/complaint. Additionally, reports should be made to your local law enforcement agency.

If you receive any suspicious calls or correspondence purporting to be from the Board of Pharmacy, we encourage you to call (614-466-4143) or email (contact@pharmacy.ohio.gov) the Board to confirm its legitimacy.



People call, text, and chat the 988 Lifeline to talk about a lot of emotional needs—not just thoughts of suicide. Whatever your reason, the #988Lifeline is there to help. There is hope.

Ohio Board of Pharmacy
Mike DeWine, Governor | **Steven W. Schierholt**, Executive Director

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